

Knox Health Planning Partnership (KHPP) Minutes

Location: Knox County Health Department Conference Room **Date/Time:** September 6, 2017 @ 8:30am

Attendees:

Alayna Anderson (KCHD)	Krista Crall (Knox Board of DD)	Jen Odenweller (Kenyon)
Carmen Barbuto (KCHD)	Judy Gregg (MVNU)	Steve Oster (Knox Board of DD)
Lisa Behr (Community Foundation)	Carol Grubaugh (Chamber of Com)	Tami Ruhl(KCHD)
Kelly Brenneman (United Way)	Joy Harris (Interchurch) Bill Seder (MVCS)	Jeffrey Scott(KCH)
Sara Butz(KCH)	Matt Helman (New Directions)	Bill Seder (MVCS)
Janet Chandler (MHR)	Susan McDonald (Head Start)	Peg Tazewell (Head Start)
Melissa Freeman (Dietetic Intern)	Julie Miller (KCHD)	Mike Whitaker (KCHD)
Amy Ferketich (OSU/Kenyon)		

Topic	Discussion	Action Needed
Welcome, Introductions & Sharing	<p>Janet - Annual Art of Recovery event is taking place on Sept. 21st at the Schnormeier Gallery. Please RSVP by Sept. 18th.</p> <p>Joy - Interchurch is taking Turn the Tide Christmas Applications.</p> <p>Julie - Rabies Clinic Saturday, Sept. 9, 10:00 to 2:00 PM</p> <p>Peg - Active Parenting of Teens, 6 week program, begins Sept. 13th at the Knox County Career Center</p> <p>Kelly - United Way Kickoff – Breakfast is Friday, Sept 15.</p>	None
Review/Approval of Minutes from August 2, 2017 meeting.	<p>Alayna made a motion to approve the May meeting minutes.</p> <p>Kelly seconded the motion. Minutes approved as written.</p>	None
Review/Approval of Financial Update	<p>Peg made a motion to approve the Financial Report. Janet seconded the motion. Financial Report approved as written.</p>	None
<p>2018 CHA (Community Health Assessment)</p> <ul style="list-style-type: none"> • Introduction to Hospital Council of Northwest Ohio and overview of the survey process – <i>Britney Ward, HNCO Director of Community Planning</i> 	<p>Britney Ward, MPH presented: <i>HNCO Community Health Assessment</i> via conference call to the group (see PPT attached to meeting minutes for details)</p> <p>Julie: KCHD will be the contracted agency with the hospital council. The estimated cost of the survey is \$37,000. It will be an additional \$15,000 to complete the youth survey.</p> <p>Question...What is the survey cost of a youth survey ages 0-11? Carmen will ask Britney about this.</p> <p>Julie stated that the past surveys were adult only. If we were to continue with adult only this would give us 3 consecutive surveys to compare.</p> <p>Amy stated that ODH is conducting Ohio Medicaid Survey that may gather information from children.</p> <p>Carmen noted secondary data is still good data and meets community requirements. It is just collected by different entity.</p> <p>Julie – Financial sponsorship forms will be sent to all of KHPP members as done in previous years. If your institution is not able to support assessment financially, you may contribute or support the assessment process by making copies of survey, helping with distribution etc.</p> <p>Additional Notes: Need to look into surveying Amish population.</p>	<p>Carmen- check into cost of youth 0-11 survey.</p> <p>KHPP Members- Review previous survey before next meeting. Bring additional questions for review.</p>

	<p>It is estimated that around 4000 Amish reside in Knox County.</p> <p>Reminder – next meeting is October 3 – different day, Tuesday instead of Wednesday.</p>	
<p>Updates on Community Health Improvement Plan (CHIP)</p> <p>*Mental Health & Addiction – Intervention Team- Kay Spergel, <i>Mental Health & Recovery for Licking & Knox Counties</i></p> <p>*Mental Health & Addiction – Resiliency Team – Janet Chandler, <i>Mental Health & Recovery for Licking & Knox Counties</i></p> <p>*Obesity Prevention – Tami Ruhl, <i>Creating Healthy Communities Coordinator, Knox County Health Department</i></p>	<p>Mental Health & Addiction: Kay Spergel No report</p> <p>Resiliency Team: Janet All Artic Surveys are back. Good discussion at yesterday’s meeting. Identified direction for moving forward. Noted...Resilience film is a great resource for staff, and community groups. If you have interest in showing the film, see Janet. Support and resource materials provided with film.</p> <p>Obesity Prevention: Tami No updates, team did not meet in August.</p>	<p>Contact Janet if you would like to schedule viewing of Resilience film at your agency.</p>
<p>Parent Support Initiative Presentation – <i>Susan McDonald, Knox County Head Start</i></p>	<p>What is the Parent Support Initiative? (see attached handout)</p> <p>Susan noted that all parents need support at one time or another. This needs to be communicated and normalized within the community.</p> <p>First Triple P program was held in July – approx. 20 participants.</p> <p>Triple P only works if we partner together. Great aspect about the program is that it is integrated into the work that you already do. It is not an additional responsibility.</p> <p>Anticipate serving 400 parents in the first year of Triple P Program and 500 parents in each consecutive year.</p> <p>Triple P is evidenced based. It has been around for 15+ years. Can be done in small snippets meeting individual needs of parents. Comprehensive approach, meets parents where they are. Offers specific strategies that can easily be implemented.</p> <p>North Carolina – saw a reduction of child abuse and neglect with the implementation of Triple P.</p> <p>Susan distributed information on upcoming parent training events.</p>	<p>None</p>
<p>Next meeting: TUESDAY, October 3, 2017 @ 8:30/KCHD</p>		

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HCNO Community Health Assessment

Britney Ward, MPH
Director of Community Health Improvement
Hospital Council of Northwest Ohio

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HCNO

- Non-profit regional hospital association located in Toledo, OH
- Health assessments and planning, shared services to our member hospitals, evaluation services, trauma registry, disaster preparedness coordination, Carenet, Pathways, grant writing, and other services
- Have been doing health assessments since 1999
- Published numerous articles (including a chapter in the 2016 SOPHE textbook) and presented at multiple national and state conferences
- Contracted in 2016 to work on the State Health Assessment (SHA) and Improvement Plan (SHIP)

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HCNO Partners

- **Evaluation Team**
 - Joseph A. Dale, Ph.D., MPH, University of Toledo
 - Aaron J. Diehr, PhD, CHES, Consultant
- **IRB Board**
 - Chesapeake Research Review, Inc.
 - Located in Maryland
 - Review methodology, surveys, and letters

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Collaboration

- **Collaboration needed for the following reasons:**
 - Share costs
 - Checkin questions
 - Planning after the assessment
- **Who usually sits at the table?**
 - Hospitals (CEO, other administration, physicians)
 - Health Departments (Directors, health educators)
 - Community Agencies (United Way, FCFC, JFS, ADAMHS, MRDD)
 - Elected Officials (state, county commissioners, mayors)
 - Schools (superintendents, guidance counselors, board members)
 - Law enforcement (police, fire, courts)
 - Religious Organizations (pastors, youth ministers)
 - Businesses (Economic Development Corporation, Chamber)

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Participation

Michigan

Oregon

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Hospital Mandate

- Health Care Reform 2010 Patient Protection & Affordable Care Act
 - To maintain tax-exempt status, required to conduct a community health needs assessment at least once every 3 years
 - Also need to adopt and implement a strategic plan
 - Need to collaborate with public health and universities
 - Initial compliance obligations - complete assessment and strategic plan during the period between the start of the first tax year that begins after March 2010 and end of the tax year that begins after March 2012
 - A \$50,000 penalty for not complying with initial 3-year period and any subsequent 3-year period

KHPP Meeting - September 6, 2017

Health Department Mandate



- The Public Health Accreditation Board (PHAB) has mandated that a community health assessment be a part of the accreditation process
- In March 2018, the PHAB 5 (including ASTHO, NACCHO, NALBOH, NIHJ, and PHAB) met and community health assessment was discussed as a priority
- Ohio Department of Health (ODH) is mandating public health departments to be accredited by 2020
- HCNO completed the CHA (and in many cases the CHIP) for 9 accredited health departments

Adult Methods



- **Design**
 - Written survey
- **Instrument Development**
 - Majority of questions from BRFSS (CDC)
 - 115 questions will be chosen by Steering Committee
 - ~70 are core questions, leaving ~45 alternate questions to be added
 - Takes 15-20 minutes to complete
- **Procedure**
 - 4 wave mailing campaign
 - Advance letter, First Wave, Second Wave, Post card, \$2 bill, Letterhead, Postage

Adult Methods



- **Sampling**
 - Send surveys to ~1,200 adults ages 19 and over
 - Power Analysis (County vs. State)
 - 95% confidence interval, 5% margin of error
 - Response Rate ~40%
- **Data Analysis**
 - Analyzed using SPSS 23.0
 - Data weighted to reflect population statistics

Adult Health Topics Covered



- Health Perceptions
 - Health Care Coverage
 - Health Care Access
 - Cardiovascular Health
 - Cancer
 - Diabetes
 - Asthma
 - Weight Control
 - Tobacco Use
 - Alcohol Consumption
 - Marijuana & Other Drugs
 - Gambling
 - Social Determinants of Health
 - Women's Health
 - Men's Health
 - Preventive Health
 - Sexual Behavior & Pregnancy
 - Quality of Life & Safety
 - Mental Health
 - Oral Health
 - Parenting
 - Environmental Health
 - Disaster Preparedness
 - Veterans Affairs
 - Adverse Childhood Experiences (ACE)
- Will be categorized to align with the 2017 SHP

Youth Methods



- 6th-12th graders
- Survey in the classroom
- Meet with Superintendents
- Passive Permission slips
- 75 questions chosen by Steering Committee
 - ~50 questions are core, leaving ~15 alternate to be added
- Most questions taken from the CDC instrument, Youth Risk Behavior Surveillance System (YRBSS)
- Reporting by County
- Individual School Reports

Youth Health Topics Covered



- Weight Control
- Tobacco Use
- Alcohol Consumption
- Marijuana & Other Drugs
- Sexual Health
- Oral Health
- Mental Health
- Violence and Safety

Child Methods



- Survey parents of 0-11 year olds
- Design
 - Written surveys (0-5) and (6-11)
- Instrument Development
 - Majority of questions from National Survey of Children's Health
 - 75 questions, selected by Steering Committee
 - Takes 10-15 minutes to complete
- Procedure:
 - 4 wave mailing campaign
 - Advance letter, First Wave, Second Wave, Post card
 - \$2 bill, Litterhead, Postage

Child Topics Covered



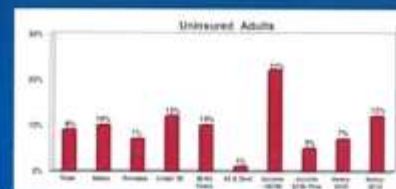
- Child's health
- Health insurance, access, & utilization
- Parent's health
- Family functioning/Neighborhood & Community Issues
- School readiness
- 0-5 year olds
- 6-11 year olds

Report

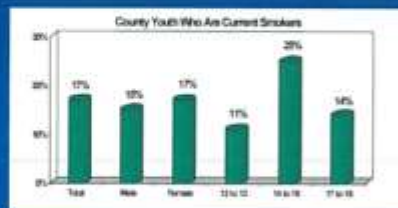


- Primary Data
 - Key findings, bullet, graphs, charts
 - Secondary data
 - County, State, U.S., HP 2020 comparative data
 - 50+ sources
 - Adult
 - Report out by total, gender, age, income, & vulnerability
 - Youth
 - Report out by total, gender, and age
 - Child
 - Report out by total and income
- Can report out by zip code for any of the groups above if needed

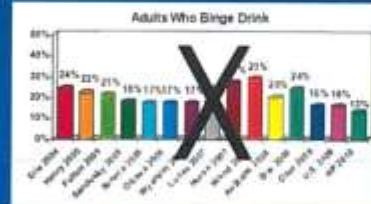
Example of Adult Graph



Example of Youth Graph



Example of Regional Graph



For all county reports and Data Link, please go to www.coopdata.com

Community Event



- Release of County Data
- Priorities for future
- Breakfast or Lunch
- Invite community leaders
 - Hospitals (CEO, other administration, physicians)
 - Health Departments (Directors, health advocates)
 - Community Agencies (United Way, FICG, JFS, ADARMA, MRDB)
 - Elected Officials (state, county representatives, mayor)
 - Religious (bishops, priests, guidance counselors, board members)
 - Life Enhancement (police, fire, courts)
 - Religious Organizations (pastors, youth ministers)
 - Businesses (Economic Development Corporation, Chambers)

Timeline



- The process takes ~8 months
- Example timeline:

Fall 2017	Choose Questions Mtg. with superintendents
Spring 2018	Survey Adults
Dec 2017 or Spring 2018	Survey Youth
Early Summer 2018	First Draft of Report
Fall 2018	Community Event

Thank You!

Questions?

*Presented by Susan McDonald
September 2017 KHPP Meeting*

What is the Parent Support Initiative?

The Parent Support Initiative is a response of the Knox County Resilience Team to Community Health Assessments in 2011 and 2014. These assessments indicated that two of the top three priority concerns were substance abuse and mental health issues. The Team's analysis led to identifying childhood trauma as the most important factor predicting later issues with substance abuse, mental health and a variety of other social and health issues. Parent education and support were identified as a long-term strategy to creating positive home environments that nurture all children in Knox County. To implement this strategy, we are establishing a foundation of qualified practitioners to provide effective parent education and support for years to come.

The bottom line is that EVERY parent needs support at some point. We can normalize the idea that parenting classes, coaching, seminars, workshops and support are what a family does to be healthy when they self-select or are referred to resources. In turn we can create a climate for confident, competent, resilient and self-regulating parents and caregivers fostering confident, competent, resilient and self-regulating children and healthier families in Knox County.

Grants funding the Initiative now support delivery of Triple P, Conscious Discipline and Active Parenting Teens in the community. The Parent Support Initiative might also serve as a clearinghouse of information about other established parent education resources in Knox County to help connect parents to resources.

Triple P

The Parent Support Initiative is bringing Triple P (Positive Parenting Program) to Knox County. The first practitioner training was July 11-13, 2017. Triple P is a multilevel suite of parenting and family support strategies for families with children from age 1 to 16. It is an evidence based program designed to prevent social, emotional, behavioral, and developmental problems in children by enhancing their parents' knowledge, skills, and confidence. Triple P offers parenting interventions at varying levels of intensity. Parents can self-select or be referred to the appropriate level of intervention.

This first training cohort was Level 3 Primary Care and also included a training in Selected Seminar Series. Those trained will be receiving accreditation the last week of September 2017.

Level 3 Primary Care Triple P is a brief targeted intervention in a one-to-one format that assists parents to develop parenting plans to manage behavioral issues and promote skill development. These focused consultations are carried out in the course of providing routine interactions by professionals and paraprofessionals already engaged in work that brings them in contact with parents. Practitioners provide 3-4 sessions (15-30 minutes each) over a period of 4-6 weeks. Sessions can be done in person, over the phone, or as a combination of both.

The **Triple P Selected Seminar Series** are 60-minute seminars (plus 30 minutes' question time) covering:

1. The Power of Positive Parenting,
2. Raising Confident and Competent Children
3. Raising Resilient Children

Triple P Seminars can be delivered in small or large groups and are useful to use in a community setting, social services, faith-based organizations, schools, etc. Parents may choose to attend any or all of the series offerings. The Seminar Series is a great way to introduce parents to Triple P strategies.

ABOUT TRIPLE P TRAINING

Triple P Provider Training Courses are designed to train an existing workforce to flexibly deliver the program to parents while maintaining model-adherence. The courses assist practitioners to deliver an effective, evidence-based parenting intervention to families across a range of service delivery modalities. Practitioner training and support packages are offered across all levels of the program and are aimed at individual practitioners, diverse organizations and population-based implementations.

Organizations may adopt all levels of the Triple P system or choose to offer one or several Triple P levels. The Training Courses cover Levels 2 to 5 of the Triple P system (Level 1 is a communications strategy not a course). Training courses contain a maximum of 20 participants. A Pre-Accreditation Workshop is required for any Training Courses that do not require pre-requisite training. Accreditation is a critical component of the Training Course and is typically scheduled approximately six to eight weeks after training.

The Parent Support Initiative is funded through the generous leadership of the Ariel Foundation, with additional funding support from the United Way of Knox County, the Knox County Family and Children First Council, and the Knox County Substance Abuse Action Team, with funding from the federal Drug Free Communities Grant of KSAAT under lead agency Knox County Head Start.

How can we partner?

- Consider a staff person or staff persons becoming accredited in Triple P by becoming part of a future training cohort. We will be providing another training cohort in early 2018 and again in the early summer of 2018. Our 5-year plan will continue to increase the level of intervention available to parents in Knox County. Triple P training costs are covered by grant funding and accreditation does not expire. Accreditation stays with the individual, not the agency.
- Utilize parenting resources available from my office, refer people to Parent Round Tables, Seminars and classes as they become available. Let me know the best contact person to keep you in the loop.
- Consider who else needs to know about The Parent Support Initiative and put us in contact with one another.
- Let me know what you need! Lowering the incidents of adverse childhood experiences in Knox County is crucial to the social, emotional and physical health of our community. This initiative seeks to provide free, accessible parent support and resources to Knox County families.

If you have specific questions about upcoming trainings, want more information about Triple P or the Parent Support Initiative or would like to host a parent education class, seminar or round table please contact Susan McDonald, Parent Support Initiative Coordinator, at 740-397-2840 (office) or email at smcdonald@knoxheadstart.org.

