

New leadership in 2010

2010 brought new leadership to the Knox County Health Department as Julie Miller, RN, MSN took over as health commissioner in September. She has over 30 years of experience in the health field including working as an administrator, nursing educator and as a public health professional.

Prior to coming to Knox County, Miller served as the director of nursing at Union County Health Department in Marysville, a position she also held at the Morrow and Richland county health departments. She worked as the health services director with the Community Health Access Project (CHAP) in Mansfield, was an assistant professor at MedCentral College of Nursing in Mansfield and a nursing clinical instructor at Otterbein College.

Miller grew up in Mount Vernon and is a 1975 graduate of Mount Vernon High School. She received her bachelor's and master's degrees from Otterbein College.



Pat Tuttle, left, who served as interim health commissioner and Julie Miller, new health commissioner.

It's been 10 years

As the saying goes, "If you build it, they will come." Since the Health Department moved into its current facility in May 2001, the number of patients served by the medical clinic has jumped from 517 a year to 1,460 while dental clinic patients have increased from 208 in 2000 to 3,405 in 2010.

In addition to on-site services, the conference room hosts over 100 community meetings a year. From 2000 to 2010, the staff increased from 44 to 60 and the overall budget increased approximately \$1 million with no additional millage or county subsidy increases.



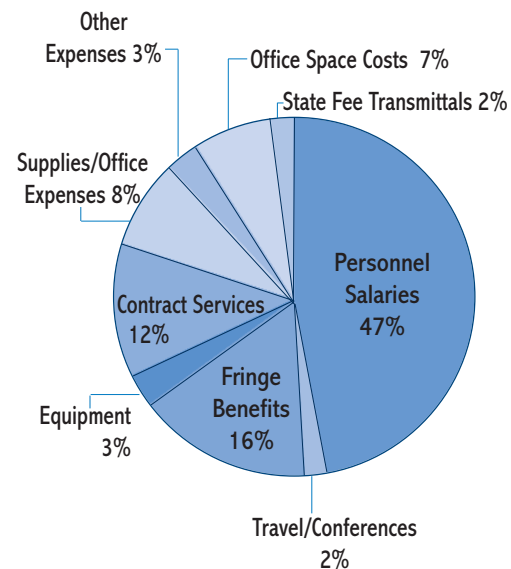
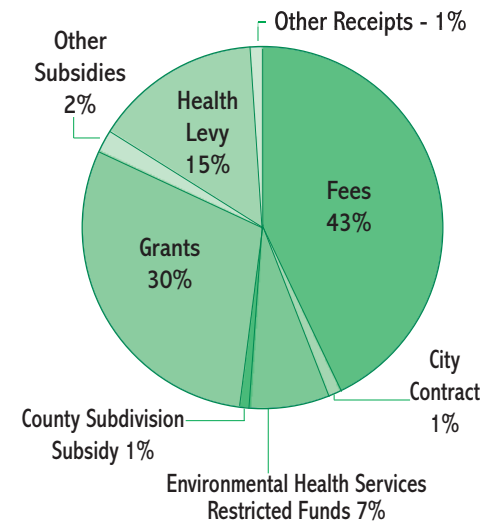
Front Cover Photo ID: From left, **First Row:** Dominic Dill, New Hope Early Education class; Melody Brent, MRC volunteer; Roger Walton, Home Health client; **Second Row:** Jan Thomas, Kenyon College, Partner in Public Health (PPH) award recipient; Naomi Ressler and Ashley Balling, Pleasant St. Elementary GO Club; Nicholas Montgomery, Help Me Grow participant; **Third Row:** Charles Thatcher, Home Health client; **Fourth Row:** Chief Shawn Christy, Mount Vernon Fire Department, PPH award recipient; Gertrude Workman, Home Health client; Emily Petrozino, Mount Vernon High School Safety Council; **Fifth Row:** Laura Seagraves, Mount Vernon Family Practice, PPH award recipient; Kevin Frazee, Home Health Client; Nancy Laslo, Mount Vernon Nazarene University, PPH award recipient; **Sixth Row:** Det. Richard Brenneman, Knox County Sheriff's Office, PPH award recipient; Trisha McGrath, KCCC School of Practical Nursing, PPH award recipient; Steve Vawters, Home Health client.

Financial Summary

REVENUE SOURCES*

Fees	\$1,336,280
Grants	919,756
EH Restricted Funds	228,840
Health Levy	462,662
Other Subsidies	47,844
Mount Vernon City Contract	45,034
County Subdivision Subsidy	38,500
Other Receipts	14,104
Total Revenue	\$3,093,020

* The 2010 budget included a carryover of \$824,722 from 2009.



The Knox County Health Department is an Equal Opportunity Employer/Provider

EXPENSES BY ACCOUNT

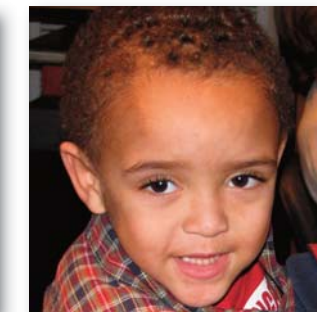
Personnel Salaries	\$1,424,235
Fringe Benefits	494,747
Contract Services	356,633
Supplies/Office Expenses	246,221
Office Space Costs	220,010
Travel/Conferences	68,389
State Fee Transmittals	70,210
Other Expenses*	95,762
Equipment	89,769
Total Expenses	\$3,065,976

* (Other Expenses Includes: Lab Fees, State Audit, Marketing/Promotion, Liability & Property Insurance, Staff Development/Recruitment.)

2010 Vital Statistics

Births Recorded	452	Deaths Recorded	525
Home Births	31	Main Causes of Death	(as listed on death certificate)
Teen Mother Births	58	Heart Related	198
Ages 13-17	15	Cancer	106
Ages 18-19	43	Lung Disease	60
Premature Births	14	Flu/Pneumonia	20
Mothers Who Smoke	115	Accidents	20
Unwed Mothers	192	Strokes/CVA	17
		Suicides	6
Certified Copies Issued	3,565	Fetal Deaths	4
Birth	1,793	Homicides	3
Death	1,772	Attributed to smoking	68

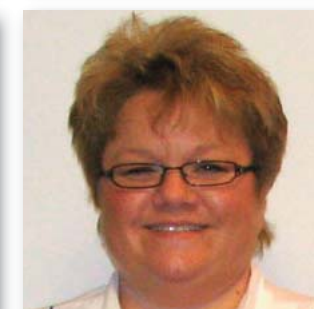
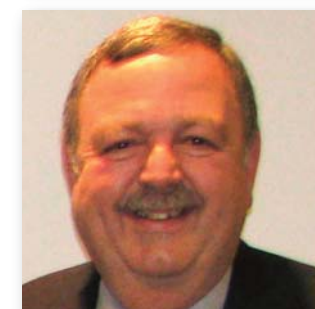
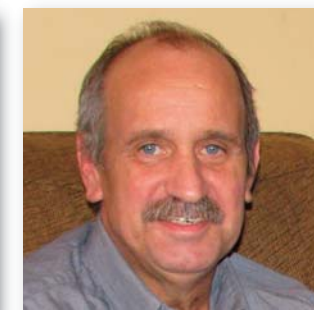
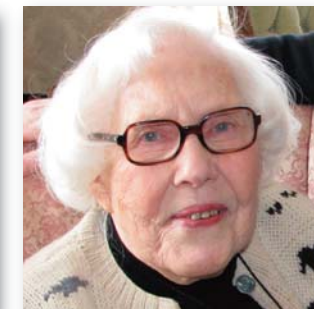
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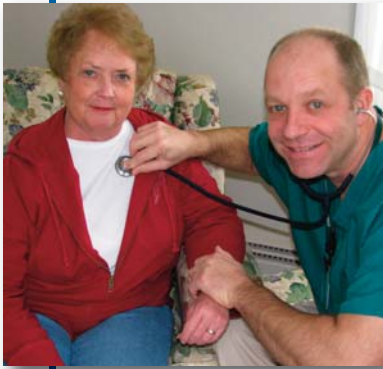


2010 Annual Report



The Faces of Public Health





R.N. Glenn Barteau and Home Health client Cathy McMillen.



R.N. Jackie Fletcher explains the results of a cholesterol screening to a visitor at the Earth Day Festival.

Providing Healthcare

Due to the poor economy nearly 2,000 new patients visited the medical and dental clinics at the Health Department.

Medical and dental services are available to people of all income levels. There is a sliding fee schedule, but no one is refused service due to income.

Free immunizations, with a \$10 administration charge, continued for all children through age 18.

To get future 7th graders up-to-date on state mandated immunizations, clinic staff provided Tdap shots at local schools.

Notable Numbers

1,979	Medical Clinic Visits
3,782	Dental Clinic Visits
11,056	Doses of Immunizations
1,994	Flu Shots
1,138	TB Tests
209	Communicable Disease Rept'd.
379	Home Health Referrals
7,770	Home Health (HH) Visits
2,080	Physical Therapy HH Visits

Home Health Care continued to be a vital program. There was an increase in skilled nursing and physical therapy visits from the past year.

With the increased availability of flu vaccine at various locations, including grocery stores and pharmacies, there was a 30% decrease in flu vaccine given at Health Department clinics.

More than 600 people turned out for the annual drive thru clinic.

As part of Dental Health Month, the dental staff worked with area dentists to provide dental screenings to more than 545 third-grade students.



Dentist James Rubin examines the teeth of patient Cody Reed.



R.N. Tom Noonan gives a flu shot during the annual drive thru flu clinic held at the fairgrounds in October.

Ensuring public safety

Investigating solid waste complaints and completing mandated inspections for food operations, and water and sewer systems dominated much of the work by the environmental health staff. A swimming pool at a motel was closed for several months due to improper maintenance.

National attention regarding bed bug infestations brought several local inquiries, but only one local investigation. Tainted eggs from Iowa involved in a national recall made their way to Knox County, prompting promotion of food safety procedures.

In October, Stuart Lenz was named as the new environmental health director.



Sanitarians Nate Overholt, left, and Jim Fridrich examine a soil sample near Danville.

Notable Numbers

917	Food Service Inspections	121	Pool/Spa Inspections
98	Animal Bites Reported	197	Nuisance Inspections
224	Sewage Inspections	102	Residential Water Inspections
688	Sewage Consultations	438	Water Samples Collected



R.N. Lorraine Bratton checks the blood pressure of a child at the Early Childhood Health Fair.

Helping families

Help Me Grow (HMG), WIC, (Women, Infants & Children nutritional program) and BCMH (Bureau of Children with Medical Handicaps) are family-centered programs. In 2010, WIC hired two peer helpers to encourage breastfeeding and provided 200 families with coupons to use at local farmer's markets (a first in Knox County); HMG hosted several activities for families; and more clients sought BCMH assistance due to the loss of health insurance and jobs.

Notable Numbers

750	HMG home visits
457	At-risk children in HMG
2,001	BCMh Consultations
1,587	avg. monthly caseload for WIC
130	children receiving free exams and screenings at Early Childhood Health Fair
\$875,104	redeemed locally in WIC food coupons.



Ellianna Sanders enjoys a visit with Santa during the Help Me Grow Christmas party.



Health Educator Mike Whitaker makes a presentation on litter prevention and recycling, a new program in 2010.



Physical Therapy Assistant Nikki Ewers talks with a visitor at Senior Resource Day.

Promoting a safe and healthy lifestyle

Among the many community events the Health Department participated in during 2010 are: Senior Resource Day sponsored by the Adult Task Force, Knox County Career Center Health Fair, Earth Day Festival at the Kenyon Athletic Center, Lowe's Safety Day, Safety Expo at the Mount Vernon Fire Dept., Harvest Festival at Brown Family Environmental Center and the seven-day Knox County Fair.

The Health Department co-sponsored a rabies clinic with the Knox County Humane Society; hosted an Amish Health & Safety Event with more than 400 in attendance; gave away 100 starter emergency kits at a Get Ready event; and hosted more than 100 women at a Health Happy Hour as part of Women's Health Week.

Health Department staff coordinated the Community

Notable Numbers

203	Community Presentations
7,840	Attendance at Presentations
130	Lbs. of old medicine collected
122	Classroom presentations
106	Smoking Cessation participants
117	Animals at Rabies Clinic
550	Radon Test Kits Distributed
150,580	Miles traveled by HD staff for work-related activities.

Wellness Coalition, Suicide Prevention Coalition, Youth Safety Councils at several schools and Medical Reserve Corps (MRC).

Several staff participated in the full-scale emergency exercise organized by Knox Community Hospital as well as a mobile joint information center exercise in Franklin County.

To help promote safety, informational bags were

distributed to all flu clinic attendees. The bags contained information on radon testing and winter safety, and included a smashlight and mini first-aid kit.

Use of the Health Department's website and Facebook page continued to increase with an average of 30,000 hits a month on knoxhealth.com and 160 fans on Facebook with an average of 300 visits each month.



Kathy Spanfellner gathers survey information at the Knox County Fair.



Unwanted medications are collected during the Old Prescription Roundup held in September.