



**KHPP Meeting Minutes**

**Location:** KCHD Conference Room

**Date/Time:** 05/01/2019, 8:30 – 10:00 AM

**Attendees:** Tami Ruhl, Carmen Barbuto, Julie Miller, Mike Whitaker, Nick Clark, Judge Jay Nixon, Jeff Scott, Diana Wetzel, Mayor Mavis, Commissioner Pursel, Joy Harris, Susan McDonald, Lisa Lloyd, Kelly Brenneman, Stacy Haught (Kenyon College), Lyndsay Spritz (Kenyon Student), Judy Gregg, Tina Nichols

TOPIC	DISCUSSION	ACTION NEEDED
<b>Welcome and Introductions</b> <i>Explanation of “Healthy Meeting” example – Tami Ruhl</i>	Tami & Carmen demonstrated what a “Healthy Meeting” looks like and shared the KCHD Healthy Meetings and Gatherings Policy.	None
<b>Review &amp; Approval of March minutes</b>	Judy moved to approve the March minutes. Nick second the motion. Minutes approved as written.	None
<b>Review &amp; Approval of Finances</b>	No report	None
<b>Updates on CHIP by Strategy</b>  <b>Priority Area 1 – Chronic Disease</b> <ul style="list-style-type: none"> <li>• Strategy 1: Implementing healthy food initiatives – Tami Ruhl, KCHD</li> <li>• Strategy 2: Increase businesses/organizations providing wellness programs &amp; insurance programs to their employees - Tami Ruhl, KCHD</li> <li>• Strategy 3: Implement a community wide-physical activity campaign – Nick Clark, YMCA &amp; Kelly</li> </ul>	<b><u>CHRONIC DISEASE</u></b> <b><u>P1-S1 &amp; S2: Tami</u></b> Healthy food initiatives: Stacy Haught, Kenyon College – Office of Community Partnerships and Lyndsay Spitz, Kenyon student presented the Food Access Map  -Paper version will be complete by end of May -Julie & Kelly offered to pay for printing. -How many copies? -Do we need to include food programs available for kids? Commissioner Pursel listed several resources. -Summer Food Program: locations available in MV, none in villages. What can be done about this? -Commissioner Pursel noted the United Methodist Church in Fredericktown hosts Hot Meals on Wednesdays -Food Map shows cluster of food access points in MV. Those without transportation cannot	Food Council – Stacy & Tami – obtain estimates for printing Food Map. Share with  Food Council meet with Commissioner Pursel – obtain food access resources available for kids.

<p>Brenneman, UW</p> <p><b>Priority Area 2 – Mental Health/Addiction</b></p> <ul style="list-style-type: none"> <li>• Strategy 1: Expand Mental Health First Aid Trainings – Kay Spergel, MHR</li> <li>• Strategy 2: Increase community awareness &amp; education of substance abuse &amp; prevention – Tina Cockrell, KSAAT/KCHD</li> <li>• Strategy 3: Increasing continuing education for primary care &amp; substance use disorder providers - Kay Spergel, MHR &amp; Jeff Scott, KCH</li> </ul> <p><b>Priority Area 3 – Access to Care</b></p> <ul style="list-style-type: none"> <li>• Strategy 1: Increase awareness &amp; access of existing healthcare services on preventive care - Jeff Scott – KCH</li> <li>• Strategy 2: Increase awareness &amp; availability of birth control - Carmen Barbuto, KCHD</li> <li>• Strategy 3: Increase sexual health education and prevention – Carmen Barbuto, KCHD</li> </ul> <p><b>Cross Cutting Strategies</b> Resilience Team– Susan McDonald, Head Start/PPP</p>	<p>make it to these sites. Poverty Assessment completed by Carmen and Kevin (Intern) shows this.</p> <p>-How is the Food Council addressing accessibility across the county</p> <p><b>Community Gardens</b> – Committee Meeting this week. New member Erin Salva has a lot of experience developing community gardens.</p> <p>-Potential site – Fredericktown schools</p> <p>-schools use space in during school year, community will use space in summer</p> <p>-survey developed to collect input on community’s vision for garden</p> <p>-distribute to teachers electronically in May</p> <p>-distribute to community members during library event May 7<sup>th</sup>.</p> <p>-Escape Zone has asked about community garden.</p> <p>-Sabrina Schirtzinger said that we can possibly use the flower beds in the front of the building without going to the expense of buying a lot of equipment. If it goes well, expand next year.</p> <p><b>Workplace Wellness</b></p> <p>-MVCSO – new site</p> <p>-Employee Wellness Interest Survey distributed to staff of approx..450</p> <p>-Meet with Judy Forney and Insurance provider to present Wellness Activity Plan- hopefully end of next week</p> <p><b><u>P1-S3: Nick &amp; Kelly</u></b></p> <p>-Kids to Park Day – May 18<sup>th</sup>, 10-1:00 PM</p> <p>-Carrying out 5-2-1-0 &amp; Crunch Out at events like this that are occurring in Knox County.</p> <p><b><u>Mental Health/Addiction</u></b></p> <p><b><u>P2-S1: Carmen reporting for Kay</u></b></p> <p>-Mental Health First Aid training at the Health Dept. on June 26<sup>th</sup> &amp; 28<sup>th</sup>. Free to Knox County residents.</p> <p>-Let Kay or Carmen know if anyone is interested.</p> <p><b><u>P2-S2: Tina - KSAAT</u></b></p> <p>-KSAAT presented HIPS presentations in April</p>	
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<p>Smoking Cessation – Mike Whitaker, KCHD</p>	<ul style="list-style-type: none"> <li>-Drug Take Back took place on April 27<sup>th</sup>- 138 # of drugs collected</li> <li>-Completed HIPS Train the Trainer sessions</li> <li>-18 trained to complete HIPS to day8</li> <li>-Looking to update content to include signs of unhealthy relationships and suicide prevention</li> </ul> <p><b><u>P2-S3 / P3-S1 Jeff</u></b></p> <ul style="list-style-type: none"> <li>– Tracking all of KCH community events - when, where, how many attended, and how event is promoted.</li> <li>-Goal for this year is to gather data. Then identify next steps.</li> </ul> <p><b><u>Access to Care</u></b></p> <p><b><u>P3-S2: Carmen</u></b></p> <ul style="list-style-type: none"> <li>-Sent survey to KCH providers to collect information on conversations that they have with patients about contraceptive counseling.</li> </ul> <p><b><u>P3-S3- Lori &amp; Carmen</u></b></p> <ul style="list-style-type: none"> <li>– Plan to host focus groups with parents of HS students, TAC students, &amp; Teachers</li> <li>-Questions: What are kids talking about? What do they think they know? What misinformation is out there?</li> <li>-Contact Carmen if you have high school age children and would like to participate.</li> </ul> <p><b><u>Cross Cutting Strategies</u></b></p> <p>Susan</p> <ul style="list-style-type: none"> <li>-Res Film showing at Danville HS</li> <li>-Moving from education and awareness to action.</li> <li>-Meet next week.</li> </ul> <p>Parent Support Initiative</p> <ul style="list-style-type: none"> <li>-Go to <a href="http://www.TRIPLEP-PARENTING.COM/KNOX">www.TRIPLEP-PARENTING.COM/KNOX</a> for more information</li> <li>-You can also sign up for events at this site</li> </ul> <p><b><u>Tobacco Cessation</u></b></p> <p>Mike</p> <ul style="list-style-type: none"> <li>52 clients enrolled</li> <li>Mostly individual – not choosing group meetings</li> <li>-Main Place &amp; Kenyon College new locations</li> </ul>	
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	<p>for fall sessions.</p> <ul style="list-style-type: none"> <li>-Next week starting support group for Rev Local</li> <li>-Baby &amp; Me – 22 moms enrolled. Find out next month if receive funding for next year.</li> </ul>	
<p><b>Other Business:</b></p> <ul style="list-style-type: none"> <li>• <b>PHP/KHPP merge –</b> <i>Julie Miller, KCHD</i></li> <li>• <b>Other Updates</b></li> </ul>	<p><b>PHP/KHPP merge-</b></p> <p>Julie – Combining KHPP with PHPP.</p> <ul style="list-style-type: none"> <li>-decided to combine these two groups so that the KHPP can have access to funding opportunities</li> <li>-Will allow us to better strategize for our CHIP i.e. Access to Food – could write a grant that will allow us to develop an App</li> </ul> <p>Judge Nixon &amp; .....reviewed the bylaws Stay PHPP doing business as the KHPP.</p> <ul style="list-style-type: none"> <li>-Form fiscal committee</li> <li>-Committee will be able to look at funding opportunities</li> <li>-Pres., VP, Sec., Treasurer needed – this is exec. Committee needs of KHPP</li> <li>-send bylaws to membership. Elect officers at next meeting.</li> <li>-PHPP will have the bylaws voted in by June KHPP meeting. We will elect officers at that meeting.</li> </ul> <p><b><u>Other updates:</u></b></p> <p>Julie</p> <ul style="list-style-type: none"> <li>- Health Center Dentist starts May 13th</li> <li>-He will do more procedures than previous dentist</li> <li>-Nitrous will be available soon</li> <li>-Oral surgeon, Dr. Cheek will stay on with assisting with some cases</li> </ul> <p>-Health Center open 9-4 PM in Danville – no Dentist or Counselor though</p> <p>-Conducting Sports Physical at this site.</p> <p>Measles</p> <ul style="list-style-type: none"> <li>– no case in Ohio, did have a few scares</li> <li>-It will be here</li> <li>-MMR vaccine doesn't not cause chronic disease, autism etc.</li> <li>-Reason we are seeing is cases is because people are not getting vaccinations.</li> <li>-Serious for infants and elderly</li> </ul> <p>Black Legged Deer Tick is here</p> <ul style="list-style-type: none"> <li>– Lyme Disease is serious if not caught early</li> <li>-KCHD can identify tick if you bring it in</li> </ul>	

	<p>Joy</p> <ul style="list-style-type: none"><li>-Bladensburg Community Center – Food Pantry opening on May 15<sup>th</sup>, 10-1 PM</li><li>-Books needed for community library</li></ul> <p>Tami</p> <ul style="list-style-type: none"><li>-Get Healthy Knox County Coalition – sponsoring health screenings at the MV Farmers’ Market – 1<sup>st</sup> Saturday of each month. Presentation at 10 AM. 9-noon.</li></ul>	
<p><b>NEXT MEETING/LOCATION: June 5 @ 8:30 AM – KCHD Conference Room</b></p>		