

Location: KCHD Conference Room Date/Time: 06/05/2019, 8:30 AM

Attendance: Carmen Barbuto, Kelly Brenneman, Nick Clark, Tina Cockrell, Carol Grubaugh, Colette Hart, Lori Jones, Lisa Lloyd, Susan McDonald, Julie Miller, Commissioner Bill Pursel, Tami Ruhl, Chris Smith, Mike Whitaker, Diana Wetzel, Andrea Sellers

TOPIC	DISCUSSION	ACTION NEEDED
Welcome and Introductions	Carmen opened the meeting. Introductions made.	None
Review & Approval of March minutes	Kelly moved to approve minutes. Commissioner Pursel second the minutes. Minutes approved pending change to Tina's name under attendance.	Change "Nichols" to "Cockrell" in
Review & Approval of Finances	Carmen reports there is a little over \$11,000 in account.	None
Updates on CHIP by Strategy	CHRONIC DISEASE P1-S1 & S2: Tami	
 Strategy 1: Implementing healthy food initiatives – Tami Ruhl, KCHD Strategy 2: Increase businesses/organizations providing wellness programs & insurance programs to their employees - Tami Ruhl, KCHD Strategy 3: Implement a community wide-physical activity campaign – Nick Clark, YMCA & Kelly Brenneman, UW 	-Community Garden committee met in May to discuss the surveys distributed to Fred School StaffTeachers and staff stated their concern is who will maintain the garden. If it is open to the community, boundaries will need to be set – time to work in garden – for safety of studentsNext step is meeting with principals and staff to review survey results & to obtain permission for moving forward -Community Roots – Kim Frye attended meeting and shared that the Americorps Vista position has been filled. This person will be writing the Farm-to-School Planning Grant application for Mount Vernon. Kim said that we may be able to incorporate Farm-to-School info. at Fred. Workplace Wellness -Brittany Murphy has been leading the team project of working with MVCSDFlyers were distributed to staff inviting them to attend the Get Healthy Knox County Coalition – Health Screenings at the	

MV Farmers' Mkt. The screenings take place on the first Saturday of each month through October – weather permitting -Tami – Ann Guinsler have flyers for the event

- -40 people took advantage of the health screenings this past Saturday. 15 people attended Lori Barbuto's health presentation at 10 AM.
- -4 MVCSD staff attended and received gift cards to Lanning's Food, YMCA or Visionary Meals.
- -Senior, WIC & SNAP Participants earn free \$5 produce vouchers for participating in the Health Screening & the Health Talk, while supplies last. 18 vouchers were distributed on June 1st.

P1-S3: Tami, Nick & Kelly

-Get Healthy Knox County Coalition is sponsoring a 1 mile Fun Run/Walk prior to the Rastin Challenge on August 24th. Goal is to promote Healthy Active Living & to encourage community members to attend opening ceremonies for the Rastin event in honor of our First Responders.

-The National Kids to Park Day that took place on May 18^{th,} at Ariel Foundation Park was a success. Approximately 250 - 400 kids/families attended. We more than doubled last year's numbers of 40 to 80 people. Twenty-one agencies groups participated. Activities included: bicycle safety, soil erosion, and pollution, rethink your drink, healthy eating demos, crafts & more. The YMCA staff led a Fun Run – 15 kids participated. Thinking of adding a DJ next year to help coordinate and announce various events going on throughout the morning.

Priority Area 2 – Mental Health/Addiction

- Strategy 1: Expand Mental Health First Aid Trainings – Kay Spergel, MHR
- Strategy 2: Increase community awareness &

Mental Health/Addiction P2-S1:

Mental Health First Aid Trainings. Andrea shared for Judge Wetzel – Drug Court is celebrating 100 days, 6 participants making great progress. Judge is grateful for all the agencies that are helping with this

- education of substance abuse & prevention – Tina Cockrell, KSAAT/KCHD
- Strategy 3: Increasing continuing education for primary care & substance use disorder providers - Kay Spergel, MHR & Jeff Scott, KCH

Priority Area 3 – Access to Care

- Strategy 1: Increase awareness & access of existing healthcare services on preventive care - Jeff Scott – KCH
- Strategy 2: Increase awareness & availability of birth control - Carmen Barbuto, KCHD
- Strategy 3: Increase sexual health education and prevention – Carmen Barbuto, KCHD

program.

P2-S2: Tina - KSAAT

Upcoming events

Tina and Lindsay Lamp attended suicide prevention training. Looking into Question Persuade Refer (QPR) Training – Eleven 2 hour trainings will be held in July. Trainings will take place on Wednesdays at the Urgent Care Center.

-KSAAT Conference will take place August 6-7^{th.} Conference schedule includes a a youth track for students ages 12-18.
-Tina passed around copies of new brochure on Juuling. Pdf of brochure will be sent out with the minutes.

Chris Smith noted that Kenyon will be offering QPR training and there may be the potential to partners with KSAAT as they are also looking into the training

P2-S3 No Updates

P3-S1: No Updates

P3-S2 & S3- Lori & Carmen

- -Lori & Carmen are developing toolkits to give to parents to talk to children/teen about sexual health.
- -Focus groups with parents & teachers of Middle/High School students have been held to assess what kids are learning in schools or from peers.
- -Teachers were very vocal and had the most input sharing what they hear students saying when they do not think that anyone is listening.
- How do we combat social media and peer influence? two main takeaways
- -Beginning sex ed. in High School is too late.
- Nick noted the Consent Tea video used to explain consent to kids
- -Next step is to identify best avenue for sharing the findings.

Cross Cutting Strategies

<u>Cross Cutting Strategies</u> Susan

Resilience Team— Susan McDonald, Head Start

Smoking Cessation – Mike Whitaker, KCHD

- -Resilience Film shown in Danville.
- -Resilience Team plans to form a smaller work group to complete strategic planning meeting.
- -Seeing some momentum in Triple P parenting classes.

Tobacco Cessation

Mike

meetings.

- -69 adults enrolled in the Tobacco Cessation
- -The CCI grant is merging into another Tobacco Cessation grant. Name will change. -KCHD did not receive funding to continue Baby & Me grant. Several colleagues around the state also did not receive funds. -KCHD is applying for funds to continue Baby & Me through Women United. Knox County's pregnant moms smoking at time of del. Is 10%, compared to 7% nationally. -Tobacco 21 Tami & Mike working to educate all of our local officials. Visited Gambier & Fredericktown Village Council
- -T21 is increasing the age that you can purchase tobacco or vaping products from 18-21. This will deter individuals from developing the smoking habit.
- -Tobacco industry supports T21; however, their enforcement model is not as strong.
 -T21 is in the state legislatures right now
 -Next month Walmart & Rite Aid will be taking vaning products off the shelf and
- taking vaping products off the shelf and they will be implementing their own 21 policy.
- -Carmen has been asked to attend meeting to speak to how KHPP aligns with various strategies.
- -Carmen's request to KHPP members...If you are sending people to sub-committee meetings on behalf of your agency, please give them a little background and information prior to them attending. Tami noted that Get Healthy has developed an Orientation Packet for new members. Julie suggested the CHA Executive Summary be added to the packet.

Other Business:

- Additional merge discussion – Julie Miller, KCHD
- Election of Executive Committee officers
- Other Updates

KHPP/Public Health Partnership Merge – Julie

- -By-laws have been approved by PHP
 -KHPP must have a Fiscal Committee will likely be made up of people who were serving on the Public Health Partnership: Alison Marti, Judge Jay Nixon, ?
- -KHPP Election of Executive Officers President – Julie will ask Peg Secretary – Chris Smith Allison – May be willing to continue as treasurer, Julie will ask

Once we have Executive Committee we can proceed with establishing fiscal responsibilities and a meeting schedule and other housekeeping details

Other Updates

Chris: need for partners for the school year Kelly: Women United grants are available now. Apply by July 4th. You do not have to be a 501c3 to apply.

Julie: Need a men's health program in this community. Nick noted there are several men's health podcasts

-Susan: Parenting Classes – include information for Dads.

-Lori: New Directions - Toxic Masculinity

presentation

NEXT MEETING/LOCATION: September 4 @ 8:30 AM – KCHD Conference Room