

KHPP Meeting Minutes

Location: KCHD Conference Room Date/Time: 02/06/2019, 8:30 AM

Attendees:

Carmen Barbuto	Nick Clark	Bill Pursel
Larry Hall	Joy Harris	Julie Miller
Ashley Phillips	Tami Ruhl	Jeff Scott
Kay Spergel	Mike Whitaker	Chris Smith
Paul Hart Ruthenbeck	Diana Wetzel	

ТОРІС	DISCUSSION	ACTION NEEDED
Welcome and Introductions	Carmen welcomed everyone and introductions were made.	None
Review & Approval of January minutes	Jeff Scott moved to accept the minutes pending changes to tobacco cessation report. Nick Clark seconded the motion. All were in favor of approval.	None
Review & Approval of Finances	No physical financial report available – no changes have been made to finance report since January meeting because no money has been spent.	Carmen to send financial report for review via email with minutes.
Updates on CHIP by Strategy	PA #1 Chronic Disease	
Priority Area 1 – Chronic Disease	Healthy Food & Workplace Wellness Strategies 1 & 2, Tami:	
Strategy 1: Implementing healthy food initiatives – Tami Ruhl, KCHD	 -The Knox County Local Food Council is holding a logo contest this Winter. Local high school or college students are eligible to submit entries. Top entries will be displayed at local libraries for residents to vote on their favorite. -The Food Council typically meets on the first Tuesday of each month, locations vary. This month's meeting is Thursday, February 7th at 10:00AM at the health department. Anyone interested in participating in Edible Knox should attend. 	
Strategy 2: Increase businesses/organizations providing wellness programs & insurance programs to their employees - Tami Ruhl, KCHD	- KHPP Workplace Wellness initiative is being presented to the Knox County Commissioners & MVCS in March.	
Strategy 3: Implement a community wide-physical activity campaign – Nick Clark, YMCA & Kelly Brenneman, UW	-Julie asked about cycling initiatives in the community. Tami reports work is being done to develop a Complete Streets Policy to be presented to MV City Council this year. Complete Streets are streets designed and built to	

	provide safe, comfortable and convenient travel	
	by foot, bike, public transit, and car. Create a built	
	environment conducive to "Active Living"	
	-Tami also noted that she is working on an "Active	
	Commutes" initiative as part of the Creating	
	Healthy Communities work plan for 2019. She	
	needs to identify a business that is interested in	
	participating. The grant will provide funding	
	support for infrastructure changes such as, bike	
	racks, bike repair stations.	
	- GHKC working to plan 5K as a campaign kickoff	
	during the Rastin Challenge, group will meet soon	
	PA #2 – Mental Health/Addiction	
Priority Area 2 – Mental	Strategy #1 Expand Mental Health First Aid	
Health/Addiction	Training: Kay	
Strategy 1: Expand Mental Health	-Kay recommends that organization leadership	
First Aid Trainings – Kay Spergel, MHR	take advantage of Mental Health First Aid	
3 171111111111111	Trainings to continue to move strategy forward.	
	This is an 8 hour training.	
	-Presentation to Resource officers in Licking Co.	
	went very well.	
	-Julie asked if staff can be sent to open classes.	
	Kay said – "yes, as long as space is available." Class	
	size is limited to 20-30.	
	-Kay will send class schedule to Carmen to	
	distribute to members.	
	-Commissioner Pursel asked if program could be	
	scaled down for the teacher in-services?	
	-Kay - said that they tried to consolidate training	
	but it didn't work at other locations. It is	
	difficult/less effective if presented in less than 8	
	hours.	
	-Training to become a facilitator is very expensive	
	\$5,000	
	Strategy #2- Community Awareness :Ashley	
Strategy 2: Increase community	-KSAAT Resource booklets are being printed	
awareness & education of substance	Save the Dates for KSAAT conference in August	
abuse & prevention – Tina Cockrell,	6&7 is coming soon	
KSAAT/KCHD	-KSAAT partnered with MVNU series	
	-HIPS – 1 st goal is to update materials, there has	
	been discussion about a mobile unit	
	-Lindsey Lamp, Elizabeth Doolittle, & Tina are	
	attending the Community Anti-Drug Coalition in	
	America conference this week	
	-Drug Take back is in April, all 4 locations will be	
	same may add a 5 th location. Officers will be	
	handing out 24/7 drop off site flyers.	

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Strategy 3: Increasing continuing education for primary care & substance use disorder providers - Kay Spergel, MHR & Jeff Scott, KCH	Strategy #3 Increasing Education for PrimaryKay & Jeff -Board sponsored clinical leadership meeting to look at clinical best practices. One goal is to identify training needs.	
Priority Area 3 – Access to Care Strategy 1: Increase awareness & access of existing healthcare services on preventive care - Jeff Scott – KCH	PA #3 Access to Care Strategy #1 Increase awareness & access of existing healthcare services on preventive care Increasing access: Jeff – -KCH is working to coordinate all preventative care that takes place: annual wellness visits, free public health screenings, community events, and through work completed at worksites with employers -Info/data is being collected to assess the current state and then to develop strategies based off what is working/not working (transitions into Year 2)	
	-Work is being done to promote these activities	
Strategy 2: Increase awareness & availability of birth control - Carmen Barbuto, KCHD	Strategy #2 Increase awareness & availability of birth control - Carmen -Carmen reached out to Amanda Poorman to begin discussion on increasing awareness and availability of birth control	
Strategy 3: Increase sexual health education and prevention – Lori Jones, ND	Strategy 3: Increase sexual health education and prevention: Carmen	
Cross Cutting Strategies Resilience Team– Susan McDonald, Head Start/PPP	Cross Cutting Strategies Resilience Team– -What is next after showing Resilience video to community? - Goal is to become a trauma informed care community -Artic Surveys completed last year with organizations and work places, but, nothing came of it– discussed redoing these assessments. -Can we make it confidential for parents to connect with Triple P? -Susan is now doing more one-on-one counseling with court system & KCJFS. Concern- there is not enough resources available to meet these needs. -Chris – Showing the Resilience film at Kenyon, Gund Hall on February 19 th .	
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	-Kay- problem is that we do not have any	
	parenting prevention program. This county may want to consider providing more parenting prevention programs in additional to Triple P.	
	-Carmen – piece to this is training providers to provide a pamphlet with parenting resources issues to connect them to support.	
	-Gaps in mentoring came up during the Resilience meeting. Discussed identifying mentoring programs in the community	
Smoking Cessation – Mike Whitaker, KCHD	Smoking Cessation – Mike Whitaker, KCHD - Added 11 new clients in January. It is typically a slow month for SC as people don't want to come out in the weather. - Two on-going classes continue at KCH & KCHD - Main Place, Kno-Ho-Co & ? are now providers. - Larry mentioned he has seen many tobacco prevention messages on FB. - Mike states client population has changed – majority list anxiety issues on the application. - Carmen wanted to recognize Mike and Alayna because the number of Tobacco cessation clients served has more than doubled from 2017 to 2018. - Mike plans to meet with service providers individually to provide TA re: CCI completing forms etc.	
Other Business:		
 Changing Priority Area 3 – Strategy 3 	Shared information regarding Senate and House Bills that will bring Health Education standards to Ohio (Ohio is the only state that doesn't have Health standards), this is a great bill and promotes health as well as "life-skills" but it will separate health education from sexual health education which will limit this groups ability to get into the school and try and bring a comprehensive sex education curriculum to students.	
	-Carmen asked group to approve changes to this strategy. KCHD will be responsible for completion -Year one will stay the same "Conduct environmental scan of current sexual education and prevention programs." -Year two will change to "Utilizing the findings form the environmental scan create resource guides. To 1) assist parents in discussing risky behaviors with their children and teens and 2)	

	provide children/teens with accurate information	
	provide children/teens with accurate information. Develop a promotional campaign on talking with children/teens about sexual health with safe, accurate information. Focus on community-based education – including a promotion campaign about safe sex and ed. Materials for parents regarding risky sexual behaviors and how to communicate with youth about these topics." The strategy would become a community wide campaign. Providing toolkits for parents. Austin Johnson, Kenyon Associate Professor, is looking at how to do health promotion campaigns	
	in the community. This class will be developing the toolkits. -Julie noted that STD rates are very high in Knox	
	County.	
	<u>Kay</u> moved that we change the strategy to the proposal that Carmen presented. <u>Chris</u> – seconded All were in favor, motion was passed.	
• APHA Abstracts	Carmen submitting two research abstracts to APHA for consideration at their Annual Meeting, one regarding Resiliency and one regarding GHKC	
• Other Updates	Julie – Merging KHPP with Nonprofit Public Health Partnership, prior Health Commissioner formed to be able to apply for funding that HD cannot PHP – meets next Monday, goal is to make a formal motion to combine groups. This group approves UW applications for KCHD & Life Saver, merge would allow KHPP to apply for more funding.	
	Julie introduce Paul Hart Ruthenbeck, Health Center's addiction counselor.	
	Community Health Center is going to open a Danville site. It will open slowly, one day a week with medical services only.	
	Larry- – Ext. finished training volunteers on child protection. -Real Money, Real World Program Dates; April 24, 25 & May 9 th Locations: MVHS, KCCC, Clear Fork High School	

	<i>Chris -</i> -Developing health promotions calendar for next year - contact Chris if you would like to do a community presentation or program at Kenyon.	
	Joy- -Some people may lose SNAP benefits for maybe 6 weeks Julie asked how we can help. Joy said may make donations to pantries as they will try to fulfill needs. Items needed: canned meats and cereal.	
NEXT MEETING/LOCATION: Wednesday, February 6, 2019 @ KCHD		