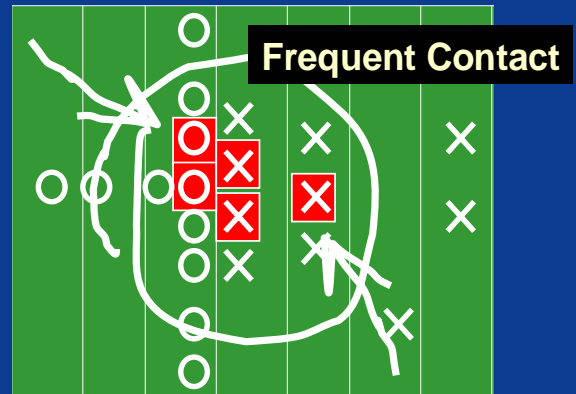


Factors that Facilitate Transmission



The Five C's

1. **Crowding** – dormitories, jails, locker rooms
2. **Contact** – frequent skin to skin contact. Playing sports, especially with bare skin to skin contact such as wrestling
3. **Compromised Skin** – skin that is open from cuts and scrapes
4. **Contaminated Surfaces and Shared Items** – towels, razors, make-up, deodorant
5. **Cleanliness** – good hand washing. Before meals, before and after going to the bathroom, after touching any open wounds, or dressings from wounds, anytime hands are visibly soiled.

